



NYC Parks
Recreation

Recreation Program Highlights

January Events

CITYWIDE

BeFitNYC Free First Monday

Our Recreation Centers will open their doors and welcome you with a day of free fitness programs and activities. You can swim, bike, step, jog, lift, volley, and more! Remember to bring a photo ID and a towel if you want to workout. Some classes are available for a small fee. Recreation Center hours vary by location; call the Center before you go for specific hours and program information. The FMCP Aquatics Center is not included in this promotion.

Monday, January 9 Recreation Centers Citywide

New Year, New You Challenge

This free 8-week challenge will run from the week of January 9 to March 2, and will include three weigh-ins throughout the challenge to help people meet their goals of weight loss and fitness in the new year. Sign up for the Challenge in any of these locations:

Monday, January 9
**Tony Dapolito
Recreation Center**
1 Clarkson Street,
Manhattan
11:30 a.m. – 8:00 p.m.

**St. Mary's Recreation
Center**
450 St. Ann's Avenue,
Bronx
9:00 a.m. – 7:00 p.m.

Tuesday, January 10
**Metropolitan Pool
Recreation Center**
261 Bedford Avenue,
Brooklyn
9:30 a.m. – 6:00 p.m.

**Owen Dolen Recreation
Center**
2551 Westchester
Avenue, Bronx
3:00 p.m. – 8:30 p.m.

Wednesday, January 11
**Lost Battalion Hall
Recreation Center**
93-29 Queens Boulevard,
Queens
12:00 p.m. – 6:30 p.m.

**Jackie Robinson
Recreation Center**
89 Bradhurst Avenue,
Manhattan
3:30 p.m. – 8:30 p.m.

Thursday, January 12
**St. John's Recreation
Center**
1251 Prospect Place,
Brooklyn
9:00 a.m. – 6:00 p.m.

Friday, January 13
**Greenbelt Recreation
Center**
501 Brielle Avenue,
Staten Island
10:00 a.m. – 5:00 p.m.

Saturday, January 14
**Al Oerter Recreation
Center**
131-40 Fowler Avenue,
Queens
10:00 a.m. – 3:00 p.m.

**Hansborough Recreation
Center**
35 West 134th Street,
Manhattan
9:00 a.m. – 3:00 p.m.

3rd Annual Teen Girls Volleyball Tournament

Teen girls 13-18 are welcome to join this non-competitive skills tournament.



Friday, January 13

5:00 p.m. – 9:00 p.m.
Chelsea Recreation Center
430 West 25th Street,
Manhattan

BRONX

Outdoor Digital Scavenger Hunt

Bring enthusiasm, a sense of adventure, and a digital camera.

Monday, January 16
St. Mary's Recreation Center
450 St. Ann's Avenue
11:00 a.m. – 4:00 p.m.

Youth Street Hockey Winter Classic

The New York Rangers aren't the only ones playing in the Winter Classic in January. Youth 6 to 14, join in our tournament! All equipment provided.

Monday, January 16
St. Mary's Recreation Center
450 St. Ann's Avenue
12:00 p.m. – 4:00 p.m.

Arts, Culture & Fun Presents: Movie Screening of Daisy Bates, the First Lady of Little Rock

Filmmaker Sharon LaCruise will host a Q&A session about the film and the struggle Daisy Bates endured as being one of the first black students to attend an all-white high school in Little Rock, Arkansas.

Wednesday, January 11
Von King Cultural Arts Center
670 Lafayette Avenue
6:30 p.m. – 8:30 p.m.

Chinese New Year

Come and celebrate the "Year of the Dragon" and enjoy the dragon dance, music, performances and more!

Saturday, January 28
Sunset Park Recreation
Center
7th Avenue at 43rd Street
12:00 p.m. – 4:00 p.m.

BROOKLYN

I Have A Dream Basketball Tournament

Enjoy fierce competition as local high schools light up the courts.

Saturdays in January
Brownsville Recreation
Center
1555 Linden Boulevard
1:00 p.m.

Attack the Steps

Meet at the center and then run to St. Nicholas Park where participants will “attack” the stairs for a challenging workout in an urban outdoor setting.

Tuesday, January 10

10:00 a.m.

Hansborough Recreation Center
35 West 134th Street, Manhattan

2nd Annual Winterfest Celebration

Celebrate the joys of winter at our 2nd Annual Winterfest! Enjoy performances, games, sports and fitness activities, outdoor adventure experiences, arts and crafts, giveaways and raffles. A free, fun day for the whole family!

Saturday, January 21

11:00 a.m. – 4:00 p.m.

Hunt’s Point Recreation Center,
765 Manida Avenue, Bronx



MANHATTAN

Weight-ing to Excel Fitness Team

Join the fitness team and receive tips and advice on proper exercise techniques and nutrition.

Monday, January 9

Hansborough Recreation Center
35 West 134th Street
10:00 a.m.

Bench Press and Fitness Competition

Teens in our fitness and sports conditioning program have the chance to show off their muscle development in this friendly competition.

Friday, January 20

Tony Dapolito Recreation Center
3 Clarkson Street
5:00 p.m. – 7:00 p.m.

Winter Dance Extravaganza

Come see the many talents of our youth and adult dance troupes.

Friday, January 20

Recreation Center 54
348 East 54th Street
7:00 p.m. – 8:30 p.m.

Youth Pass, Punt and Kick Competition

Children are encouraged to show off their football skills in this exciting competition.

Sunday, January 22

Tony Dapolito Recreation Center
3 Clarkson Street
Registration begins at
11:00 a.m.

QUEENS

Wheelchair Basketball Tournament

Watch the excitement of wheelchair basketball as the Rollin Knicks, Bulova Nets, Nassau Kings and NY Nets compete for the championship!

Saturday, January 7

Al Oerter Recreation Center
131-40 Fowler Avenue
9:00 a.m. – 4:00 p.m.

MLK Teen Basketball Tournament

Join our annual teen basketball tournament. Call or visit the center for registration information.

Wednesday, January 18

Al Oerter Recreation Center
131-40 Fowler Avenue
9:00 a.m. – 4:00 p.m.

STATEN ISLAND

Nutrition Seminar

Learn about how to start the New Year right by choosing better foods.

Tuesday, January 17

Greenbelt Recreation Center
501 Brielle Avenue
1:30 p.m. – 2:30 p.m.

For more information about these programs or others offered by Parks, visit nyc.gov/parks or call 311.
