



North Manhattan Parks Regularly Scheduled Events & Activities

FORT TRYON PARK

MORE FITNESS WALKS

Starting Monday, June 27th, we are expanding the Fort Tryon Park walking program with more walks and a new venue. We will offer walks at the **NORTH** and **SOUTH** ends of Ft. Tryon Park. Get fit by attending one or all of our walks.

SOUTH WALKS (Ongoing)
Tuesday 7:30 AM - 8:30 AM
Thursday 7:30 AM - 8:30 AM
Sunday 8:30 AM - 9:30 AM

NORTH WALKS (End August 15)
Monday 7:00 AM - 8:00 AM
Wednesday 7:00 AM - 8:00 AM

SOUTH WALKS meet at the entrance to the Heather Garden on Margaret Corbin Circle, where Ft. Washington Ave. & Cabrini Blvd. end.

NORTH WALKS meet at the park entrance on Broadway at Arden Street (on the southern edge of Anne Loftus Playground.)

These programs are free but preregistration is required. For registration information, contact HealthWriter2@aol.com. Write "FITNESS WALKING PROGRAM" in the subject line.

FORT TRYON YOGA

MONDAYS - (Ends August 15) - 7:00 pm - 8:00 pm

These yoga classes are suitable for all skill levels. Please bring a towel or yoga mat. (No yoga on July 4) **MEET** at Billings Lawn. *Preregistration required. Email HealthWriter2@aol.com.*

HEATHER GARDEN WALKING TOURS **SUNDAYS - 1:00 pm - 2:00 pm**

Weekly walking tours of the Heather Garden are led by members of our expert gardening staff. Topics will include the garden's history and horticultural information. Come to one or all of the tours to see how the garden evolves as the growing season progresses. **MEET** at the entrance to the Heather Garden at Margaret Corbin Circle in Fort Tryon Park.

FORT TRYON NATURE WALKS with MIKE FELLER

LAST SATURDAY of the MONTH - 8:00 am - 10:00 am

Explore the wild side of the Heather Garden and Fort Tryon Park with Mike Feller, Chief Naturalist for DPR. Bring binoculars and a field guide if you wish. **MEET** at the entrance to the Heather Garden at Margaret Corbin Circle, Fort Washington Avenue and Cabrini Boulevard. *No program Saturday, August 27. That walk will be replaced by the FORT TRYON CREPUSCULAR WALK on Wednesday, August 17 at 6:30 pm.*

COFFEE BARK

FIRST SUNDAY of every MONTH - 8:00 am - 10:00 am

Help with dog run maintenance and enjoy free coffee and doughnuts with friends and their four-legged best friends. Sponsored by the Fort Tryon Dog Owners Group. **MEET** at Sir William's Dog Run, Fort Tryon Park (by the Gazebo).

HIGHBRIDGE PARK

WATER TOWER TOURS

with The Urban Park Rangers

ONE SATURDAY OR SUNDAY A MONTH - Check

listings for dates & times

Once a water pressure equalizing structure, this romantic, Neo-Gothic tower overlooks the Harlem River. Climb its winding iron staircase to enjoy the panoramic vistas of New York City's five boroughs. Meet in front of Highbridge Recreation Center, 173 St. & Amsterdam Ave.

HIGHBRIDGE MEADOW PROJECT

3rd SATURDAY of the MONTH - 10:00 am - 2:00 pm

Volunteers meet to plant and maintain the Highbridge Wildflower Meadow. Meet in front of the Highbridge Recreation Center at 173 St. & Amsterdam Ave. Late comers enter the park at 174 Street and walk east to the Tower. *No project July 16 - Rescheduled to July 23*

J. HOOD WRIGHT PARK

STEP OUT NEW YORK CITY is a free walking program for New Yorkers of all ages. July 12 - August 27 on Tuesdays & Thursdays 6:30 - 7:30 pm and Saturdays 10:00 am - 11:00 am. Participants will receive a free pedometer and tee shirts (while supplies last). For information call Stephanie Harris (212) 927-1563.

INWOOD HILL PARK

VINYASA YOGA

TUESDAYS (Ends August 23, 2005) - 6:30 pm - 8:30 pm

Open enrollment but please arrive half an hour early for registration. Bring your own yoga mat & serene smile. Classes led by instructors from Inwood Peace Yoga Center. **ENTER** at Indian Road and 218 Street. For more information contact Michael von Stange, founder and director, call (212) 304-YOGA(9642) or email: info@inwoodpeaceyoga.com. Visit the Inwood Peace Yoga web site at www.InwoodPeaceYoga.com

INWOOD NATURE WALKS with MIKE FELLER

SATURDAYS (except last Sat. of the month) - 8:00 am - 10:00 am

Explore the last native forest on Manhattan Island with Mike Feller, Chief Naturalist for DPR. Bring binoculars and a field guide if you wish. **MEET** on the bridge near the Inwood Hill Park Nature Center at 218 St. and Indian Rd. *Please note that, on the last Saturday of the month, Mike's walks move to Fort Tryon Park.*

Instead of the July 2 Nature Walk, Mike will lead an INWOOD HILL PARK CREPUSCULAR WALK on Wednesday, July 13 at 7:30 pm

SUMMER SPECIALS with URBAN PARK RANGERS

Through August 14, in addition to their regular programs, Rangers give walks & workshops about ecology, park history, geology, birds, flora, astronomy, orienteering, and more.

Saturdays at 2:00 pm - Sundays at 11:00 am

MEET at the Inwood Hill Park Nature Center. Enter the park at 218 St. and Indian Rd. Call (212) 304-2365 for more information

JULY & AUGUST 2005 HIGHLIGHTS

SNEAK PEEK SUNDAYS at **DYCKMAN FARMHOUSE MUSEUM**

EVERY SUNDAY from July 10 - 24
12:00 pm - 4:00 pm

LOCATED at 4881 Broadway at 204 Street

After a closure of two years, the Dyckman Farmhouse Museum grounds will be reopening to the community for **SNEAK PEEK SUNDAYS** in July. Visitors will be able to enjoy the ½ acre park, view some of the exterior restoration work still in progress and see the recently restored Hessian Hut.

INWOOD SHAKESPEARE FESTIVAL 2005

INWOOD HILL PARK

WEDNESDAY- SATURDAY

July 20, 21, 22, 23, 27, 28, 29, 30 and

August 3, 4, 5, 6 at 7:30 pm.

ENTER the park at 218 Street and Indian Road. Walk west to the peninsula (near the Nature Center).

Alexandre Dumas' THE THREE MUSKETEERS

Free al fresco performances of one of the great swash-bucklers of all time. Bring your blanket and get a front row seat (on the grass). Produced by Moose Hall Theatre Company, Ted Minos, Producing Artistic Director.

For more information, call (917) 918-0394 or visit www.moosehallisf.org

SCANDIA STRING QUARTET CHAMBER MUSIC CONCERT

FORT TRYON PARK - Billings Lawn

SUNDAY, JULY 24 2:00 pm – 4:00 pm

Free Classical Chamber Music Concert performed in the spectacular Heather Garden overlooking the Hudson River. Featuring the music of the Scandinavian countries This concert is inaugural event for the Scandinavian Music Festival and will feature music by Edvard Grieg, Poul Schierbeck, Lars Erik Larsson and many more. Fort Tryon Park on Billings Lawn.

ENTER the Heather Garden at Margaret Corbin Circle, at the north end of Ft. Washington Avenue and Cabrini Boulevard. Walk down the steps on the western side of the garden.

2005 CITY PARKS CONCERTS HIGHBRIDGE PARK

All concerts in this series are free and are scheduled for

3 TUESDAYs at 7:00 pm.

ENTER the park at 174 Street & Amsterdam Avenue.

CityParks Concerts, presented by Snapple, brings the music New Yorkers love right into their neighborhood parks, with FREE performances throughout the five boroughs in July and August.

August 9 BEATNUTS

One of the relatively few producing crews to make the successful transition to performance, Latin underground group The Beatnuts worked on tracks by the Jungle Brothers, Monie Love, Cypress Hill, Naughty By Nature, de Lench Mob and Pete Nice before releasing their own albums in the early '90s. On the 2004 album Milk Me, original members Psycho Les and JuJu are joined by guests like Greg Nice, Akon, Freeway and Rahzel for an outstanding set of East-Coast flavor.

August 16 ORO SOLIDO

Hailing from the Dominican Republic (via New Jersey) Raul Acosta—El Presidente to his fans—has been entranced by merengue all his life. It led him to form Oro Solido (“Solid Gold”) in 1994. This all-Dominican/Puerto Rican band is one of the most popular merengue groups of the last ten years, and its shows are like abundant feasts of Latin rhythm.

August 23 GRUPO AGUAKATE

Purveyors of a street-smart blend of merengue, hip-hop and reggaetón, **Grupo Aguakate** are the ultimate Latin music party band. Led by Dominican singer-songwriter Gerpis “El Chino” Correa, the group has become one of the most popular choices for parties and clubs, taking classic merengue and giving it a true contemporary street feel.



JULY 2005 PROGRAMS

SATURDAY, JULY 2 1:00 pm - 3:00 pm
LITTLE RED LIGHTHOUSE with the **URBAN PARK RANGERS**

Fort Washington Park

Visit to Manhattan Island's only lighthouse. See the historic landmark that inspired one of the most cherished children's books of all time, capturing the imagination of several generations. **MEET** at the Lighthouse, in the park beneath the bridge. *For more information, call 311 and ask for the Rangers.*

SUNDAY, July 3 2:00 pm
INWOOD'S REVOLUTIONARY HISTORY

Inwood Hill Park

Learn the role that Inwood played in the American Revolutionary War. **MEET** at the Inwood Hill Park Nature Center from 218 St. and Indian Rd. Call (212) 304-2365 for information.

SATURDAY, JULY 9 8:00 am
BIRD WATCHERS HIKE with the **URBAN PARK RANGERS**

Inwood Hill Park

Keep your eyes and ears open for the birds of summer as we take a morning hike through the park. **MEET** at the Inwood Hill Park Nature Center from 218 St. and Indian Rd. Call (212) 304-2365 for more information.

SUNDAY, July 10 12:00 pm
CANOE THE CREEK with the **URBAN PARK RANGERS**

Inwood Hill Park

Learn canoeing techniques, then paddle around Spuyten Duyvil Creek. **REGISTRATION REQUIRED.** Call 311 on July 5 and ask for the Rangers.

TUESDAY, July 12 7:00 pm
OPEN MIC NIGHT

Inwood Hill Park Nature Center

If you're a musician, singer, poet, comedian, or raconteur, here's your chance to perform your songs, poems, stories, thoughts, & experiences at **OPEN MIC NIGHT.** Free coffee! **MEET** at the Inwood Hill Park Nature Center from 218 St. and Indian Rd. Call (212) 304-2365 for more information.

WEDNESDAY, July 13 7:30 pm - 9:30 pm
CREPUSCULAR WALK with **MIKE FELLER**

Inwood Hill Park

As day becomes night, see how Inwood's wildlife makes the transition. Mike Feller, Chief Naturalist for DPR, is your guide. Bring binoculars and a field guide if you wish. **MEET** on the bridge near the Inwood Hill Park Nature Center at 218 St. and Indian Rd.

SATURDAY, JULY 16 11:00 am
NATIVE AMERICANS of NORTHERN MANHATTAN with the **URBAN PARK RANGERS**

Inwood Hill Park

Learn the rich history of northern Manhattan Native Americans from their life-styles to their games. **MEET** at the Inwood Hill Park Nature Center from 218 St. and Indian Rd. Call (212) 304-2365 for more information.

SUNDAY, July 17 2:00 pm
WILDFLOWER WONDERS with the **URBAN PARK RANGERS**

Inwood Hill Park

Take a walk with the Rangers and see what colorful flowers have painted the park's landscape. **MEET** at the Inwood Hill Park Nature Center. Enter the park at 218 St. and Indian Rd. Call (212) 304-2365 for more information.

SATURDAY, July 23 11:00 am - 12:30 pm
HIGH BRIDGE WATER TOWER TOUR with the **URBAN PARK RANGERS**

Highbridge Park

Guided tours of the tower give *UPtown* a whole new meaning. Spectacular views of northern Manhattan, the High Bridge itself, and the Bronx, free of charge. **MEET** at the Tower. Enter the park at 174 Street & Amsterdam Avenue and walk east to the tower terrace.

SUNDAY, July 24 2:00 pm
LITTLE RED LIGHTHOUSE with the **URBAN PARK RANGERS**

Fort Washington Park

Visit to Manhattan Island's only lighthouse. See the historic landmark that inspired one of the most cherished children's books of all time, capturing the imagination of several generations. **MEET** at the Lighthouse, inside the park beneath the Great Gray Bridge. *For more information, call 311 and ask for the Urban Park Rangers.*

FRIDAY, July 29 11:00 am - 4:00 pm
ROLLER SKATING, GAMES,
Highbridge Park

Free Roller Skating, Games, and Activities for kids of all ages. Limited number of free roller skates will be available on loan for this event. Call Magic at (212) 927-2012 for more information. **MEET** at Highbridge Center, 2301 Amsterdam Ave. at 173rd St.

SATURDAY, July 30 7:00 pm
LOST IN SPACE I: ASTRONOMY
Inwood Hill Park

Join the Amateur Astronomers Association as we stargaze into summer's night sky. Meet at the Inwood Hill Park Nature Center. Enter the park at 218 St. and Indian Rd. Call (212) 304-2365 for more information.

SUNDAY, July 31 2:00 pm
SUMMER SCAVENGER HUNT with the **URBAN PARK RANGERS**

Inwood Hill Park

Take a mad dash through the park as your clues help you discover the nature that surrounds you. Prizes will be awarded with the support of the Evan Frankel Foundation. **MEET** at the Inwood Hill Park Nature Center. Enter the park at 218 St. and Indian Rd. Call (212) 304-2365 for more information.



OBTAIN NORTH MANHATTAN PARKS PROGRAM LISTINGS

To receive Email advisories about North Manhattan Parks events, send an email to Linda.Huntington@parks.nyc.gov and write "Program Info" in the subject line.

Visit the North Manhattan pages of the New York City Department of Parks & Recreation web site at www.nycgovparks.org and follow links to "Things To Do," "Programs," then "North Manhattan Parks." Maps and directions to the parks are also available at the web site.

Telephone inquiries should be directed to Linda Huntington at (212) 927-9568.

City of New York Parks & Recreation

WEB SITE: www.nycgovparks.org TELEPHONE for ALL NON-EMERGENCY CITY SERVICES: 311

WHO'S WHO in North Manhattan Parks

ADMINISTRATOR - Jane Schachat - (212) 795-1388

PARKS MANAGER - Ray Acosta - (212) 304-2278

PRINCIPAL PARKS SUPERVISOR - Vinnie Cerroni - (212) 304-2278

ADMINISTRATIVE ASSISTANTS - Sonja Donaldson & Dorlene Cotton - (212) 795-1388

PROGRAMS & SPECIAL PROJECTS - Brenda Cassimere & Linda Huntington - (212) 927-9568

FORT TRYON PARK - Patrick Oles, *Park Supervisor* - (212) 304-4032

HIGHBRIDGE PARK - Timothy Burch & Jack Rohan, *Park Supervisors*, (212) 927-1533

INWOOD HILL PARK - Ante Meich, *Park Supervisor*, (212) 304-2278

J. HOOD WRIGHT PARK - Clinton Johnson, *Park Supervisor*, (212) 304-2278

INWOOD HILL PARK NATURE CENTER & URBAN PARK RANGERS - Lynda Miller, *Sergeant*, (212) 304-2365

HIGHBRIDGE RECREATION CENTER - Emilio Llopiz, *Center Manager*, (212) 927-2012

J. HOOD WRIGHT RECREATION CENTER - Orlando Sanders, *Center Manager*, (212) 927-1514

DYCKMAN FARMHOUSE MUSEUM - Susan De Vries, *Director* - 212-304-9422 - www.dyckmanfarmhouse.org

MORRIS-JUMEL MANSION - Ken Moss, *Director* - (212) 923-8008 - director@morrisjumel.org

PARTNERSHIPS FOR PARKS - NORTHERN MANHATTAN - Nicole Smith, *Outreach Coordinator* - (212) 408-0230

PARTNERSHIPS FOR PARKS - HIGHBRIDGE - Joseph Sanchez, *Catalyst Coordinator* - (212) 927-5864

FRIENDS GROUPS

Friends of Bennett Park - Email: FoBP@hhoc.org

Fort Tryon Dog Owners Group - www.ftdog.org

Friends of Lily Brown Playground - Email:

Friends of Fort Tryon Park - www.HHOC.org/fftp

Nicole.Smith@parks.nyc.gov

Friends of Highbridge Park - Email: highbridge@igc.org

Inwood Community Coalition - robert@greenstreetinc.com

RING (Riverside Inwood Neighborhood Garden) - <http://everest.hunter.cuny.edu/~mclarke/RING.htm>

The West 181st Street Beautification Project - (212) 543-9017

